

## Bioactivity of bioresorbable composite based on bioactive glass and poly-L-lactide

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**Abstract:** Bioactive and bioresorbable composite was fabricated by a solvent evaporation technique using poly-L-lactide(PLLA) and bioactive glass (average particle size: 6.8 μm). Bioactive glass granules are homogeneously distributed in the composite with microcrack structure. The formation of hydroxyapatite(HA) on the composite in simulated body fluid(SBF) was analyzed by scanning electron microscopy(SEM), energy dispersive spectroscopy(EDS), X-ray diffraction(XRD), and Raman spectra. Rod-like HA crystals deposit on the surface of PLLA/bioactive glass composite after soaking for 3 d. Both rod-like crystals and HA layer form on the surface for 14 d in SBF. The high bioactivity of PLLA/bioactive glass composite indicates the potential of materials for integration with bone.

**Key words:** bioactivity; composite; bioactive glass; poly-L-lactide

### 1 Introduction

Bioabsorbable polymeric implants, such as poly-L-lactide(PLLA), have been extensively used in the treatment of traumas of the skeletal system[1]. Synthetic bioresorbable polymers, in particular PLLA, polyglycolic and their copolymers, are successfully used as bio-materials. They can retain the tissue supporting property for a given length of time, and then gradually biodegrade [2]. A major drawback of these materials, however, is the release of acidic degradation products that may lead to inflammatory responses[3]. Another limitation is their lack of bioactivity, which means, for the case of bone tissue engineering, that they do not allow bone apposition or bonding on the polymer surface[4].

Some bioceramics, such as bioactive glass and calcium phosphates, are osteoconductive and thus can effectively accelerate bone tissue healing[5–6]. Biodegradability and bioactivity can be combined in the form of composites to obtain optimized materials exhibiting tailored mechanical properties and controllable resorption rates in the body[7]. In the past few years, increasing attention has been paid to

composites of bioabsorbable or biostable polymers and bioceramics. Various approaches to the development of such composites are investigated worldwide[8–14]. Usually bioceramics are combined with the bulk or porous polymer matrix either as fillers or as coatings.

In the present work, a solvent evaporation technique was used to prepare PLLA/bioactive glass composites. The effects of bioactive glass on the microstructure and bioactivity of the composites were studied. The potential bone integration ability of the PLLA/bioactive glass composites was demonstrated by a model of simulated body fluid(SBF) in vitro.

### 2 Experimental

#### 2.1 Materials and processing

L-lactide, prepared in our laboratory, was used as a monomer for PLLA synthesis. Stannous octoate was used as an initiator without additional purification. Ampoules for polymerization were dried overnight in an oven at 400 °C. Then, they were loaded with freshly recrystallized L-lactide and Sn-octoate toluene solution with molar ratio of monomer to initiator of 1 000–12 000, sealed under high vacuum, and left in the oven at 140 °C

so that the material could polymerize. The polymerization time varied from 12 to 60 h. After the reaction was finished, the polymer was dissolved in chloroform, precipitated in methanol and dried in vacuum to constant mass. PLLA had a viscosity-average relative molecular mass about  $4.0 \times 10^5$ . Bioactive glass with an average particle size of  $6.8 \mu\text{m}$  and a composition of 35CaO, 60SiO<sub>2</sub>, 5P<sub>2</sub>O<sub>5</sub> (mole fraction, %) was also prepared by sol-gel method in our laboratory according to Ref.[15]. The XRD study of the bioactive glass confirms an amorphous material (Fig.1).

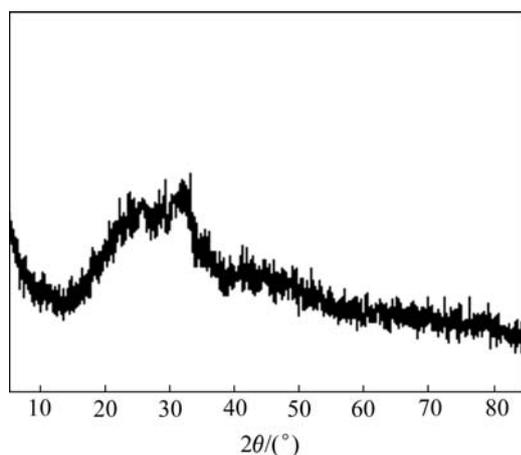


Fig.1 XRD pattern of bioactive glass

PLLA/bioactive glass composite was prepared in our lab. Briefly, the polymer was dissolved in CH<sub>2</sub>Cl<sub>2</sub> to produce a polymer solution (0.05 g/mL). The mixture was stirred overnight to obtain a homogeneous polymer solution. Bioactive glass powder (10%, mass fraction) was added into the polymer solution. The mixture was transferred into a flask and sonicated for 60 min in order to improve the dispersion of the bioactive glass particles into the polymer solution. After homogenization, the mixture was cast onto a flat glass plate to obtain flake then heated in a vacuum drying oven at 40 °C.

## 2.2 In vitro studies and characterization

In vitro test was carried out by soaking disks of the glass in a so-called SBF. The SBF was prepared by dissolving reagent chemical of NaCl, NaHCO<sub>3</sub>, KCl, K<sub>2</sub>HPO<sub>4</sub>·3H<sub>2</sub>O, MgCl<sub>2</sub>·6H<sub>2</sub>O, CaCl<sub>2</sub>, and Na<sub>2</sub>SO<sub>4</sub> into deionized water[16]. The fluid was buffered at physiological pH of 7.32 at 37 °C with tris (hydroxymethyl) aminomethane and hydrochloric acid. The inorganic composition of SBF emulated that of human blood plasma. Two pieces of each specimen were used to investigate the reaction of sol-gel glass to SBF. Each specimen was immersed in shaken SBF ( $A/V=0.1 \text{ cm}^2/\text{mL}$ , 60 r/min). The samples were immersed in the SBF fluid for 3, 7, 10 and 14 d at a constant temperature of 37 °C.

Bioactive glass particle size and size distribution of the resulting powder were analyzed by Laser Scattering Particle Size Distribution Analyzer (Microplus). After soaking, specimens were taken from the fluid, rinsed with deionized water, and dried at 37 °C for scanning electron microscopy connected with energy dispersive spectroscopy (SEM-EDS), X-ray diffraction(XRD) and Raman spectra. The SEM-EDS study was made on a JSM-6360LV microscope. For the SEM study, the pieces were coated with a film of gold. XRD patterns were obtained in a Philips X'Pert MPD diffractometer using Cu K<sub>α</sub> radiation in  $\theta-2\theta$  scans and grazing incidence  $2\theta$  scans. The Raman spectrum was obtained using JOBIN YVON HORIBA Raman spectroscopy. Ionic concentrations in SBF were measured by inductively coupled plasma-atomic emissive spectrum (ICP-AES).

## 3 Results and discussion

### 3.1 Morphology of polymer/bioactive glass composite

The surface morphology of composite is shown in Fig.2. Bioactive glass is prepared with the average size of  $6.8 \mu\text{m}$ , but there exists the agglomeration of bioactive glass particles. The SEM micrograph provides evidence of the existence of a small percentage of large glass particles ( $>10 \mu\text{m}$ ). The bioactive glass particles, small or large, are angular in shape. Bioactive glass particles are distributed evenly in the composite nevertheless the

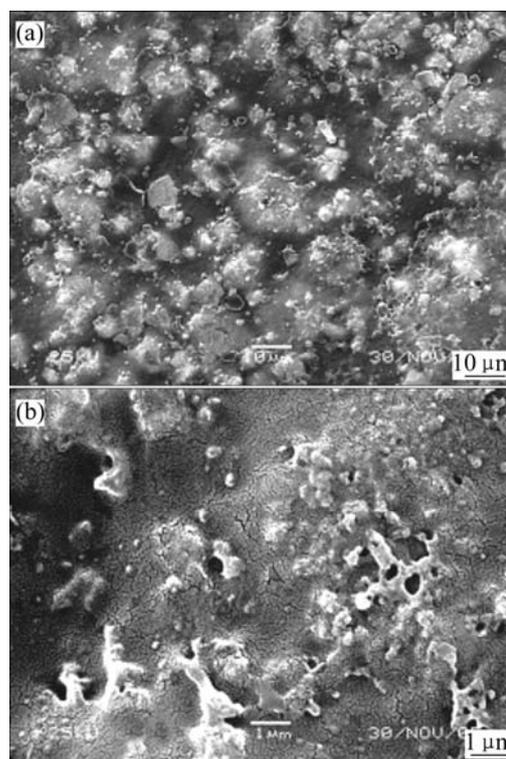


Fig.2 SEM micrographs of PLLA/bioactive glass before soaking in SBF

polymer covers the bioactive glass particles on the surface (Fig.2(a)). As shown in the magnification micrograph (Fig.2(b)), the polymer has a microcrack structure due to the shrinkage of the polymer caused by the evaporation of  $\text{CH}_2\text{Cl}_2$ . The microcrack structure will weaken the structure of the composite; however, it will be of benefit to bioactivity of composites because of larger surface area.

### 3.2 Changes in SBF

The variation of pH value relative to soaking times in SBF of composite is shown in Fig.3.

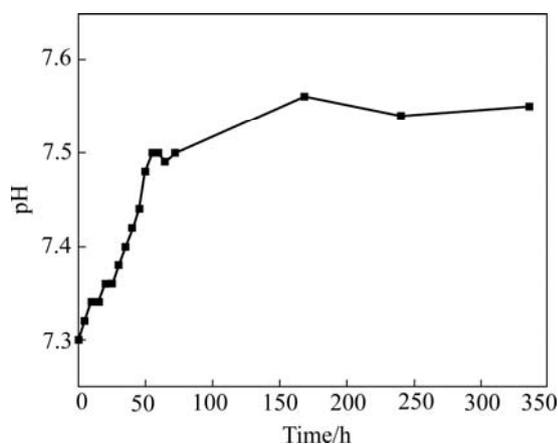


Fig.3 Variation of pH value in SBF of PLLA/bioactive glass

The increasing pH value during the first hours about 50 h due to partial dissolution at the surface level indicates the high reactivity of these materials. These facts agree with the formation mechanisms of the apatite on bioactive glasses and glass ceramics; i.e., in early stages an interchange takes place between  $\text{Ca}^{2+}$  and  $\text{H}_3\text{O}^+$  from the solution. Such interchanges provoke an increase of the pH that favors the formation of apatite nuclei on the silanol groups on the glass surface. In this interval a fluctuation in the pH of PLLA/bioactive glass is also detected, which may be explained if we consider the result of two opposite processes: the release of  $\text{Ca}^{2+}$  from the glass and the consumption of  $\text{Ca}^{2+}$  due to formation of the apatite-like layer. Therefore, when the release rate of  $\text{Ca}^{2+}$  is higher than the consumption rate, the pH will increase, or else, the pH value will decrease. Compared with incubation of sol-gel bioactive glass, pH value of composites increases slowly during immersion and is lower than 8.0[17]. In the case of polymer/bioactive glass composite, the bioactive glass should act as a protective hydrolysis barrier affecting the rate of degradation of the polymer substrate, as found in recent investigations[18–19]. The rapid exchange of protons in water for alkali in the glass provides a pH value buffering effect on the polymer surface, therefore acceleration of degradation will not occur due to small

pH value changes during bioactive glass dissolution.

During the immersion, the concentration of P in solution decreases, while the concentrations of Ca and Si increase. As can be seen in Fig.4, during the first 24 h Ca and Si concentrations increase from 95 to 150  $\mu\text{g/g}$  and from 0  $\mu\text{g/g}$  to 5.2  $\mu\text{g/g}$ , respectively, whereas P concentration decreases from 30 to 18.2  $\mu\text{g/g}$ . The concentration of these ions in SBF changes dramatically during the first hours of immersion. Then, the variation slows down gradually. The continuous decrease of P concentration in solution during the first hours indicates that the amount of P released from glass can't compensate its consumption caused by apatite deposition. After 7 d soaking, the ionic concentration of P and Si remained without variation with respect to the values obtained after 3 d whereas Ca ionic concentration increases up to 140.7  $\mu\text{g/g}$ . The results for the release of silica do not correspond with previous studies of polysulfone/bioactive glass compositions[20].

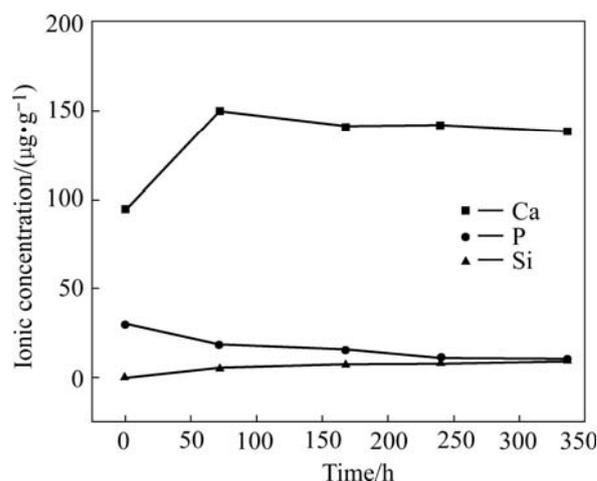


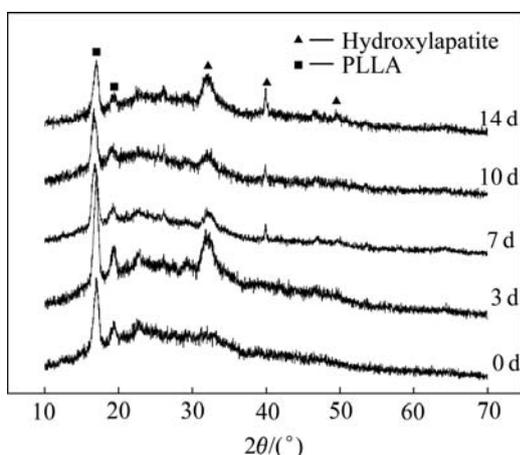
Fig.4 Variation of Ca, P, and Si ionic concentration with immersion in SBF for PLLA/bioactive glass

### 3.3 Formation of apatite-like layer

The deposition on the surface of PLLA/bioactive glass composite in SBF was analyzed qualitatively using SEM-EDS, Raman spectrum and XRD.

The XRD patterns of the surface of composite before and after immersion in SBF are shown in Fig.5. The XRD study of the composite confirms a low crystalline polymeric composite material, with two peaks at  $16.63^\circ$  and  $18.86^\circ$  corresponding to the (200) and (203) reflection of PLLA respectively, in the samples before soaking. A slight sharpening of the broad peak is observed in the XRD pattern of the glass after soaking for 3 d. The trace of the surface immersion shows diffraction peak at  $32.6^\circ$  corresponding to the (211) reflection of calcium phosphate hydroxide (HA). The apatite diffraction peak at  $39.8^\circ$ , corresponding to (222)

reflections of HA, also becomes very sharp in the XRD pattern of the glass after 7 d immersion. Other less intense peaks at  $46.8^\circ$  corresponding to (310) reflections of HA respectively are also identified after 14 d immersion.



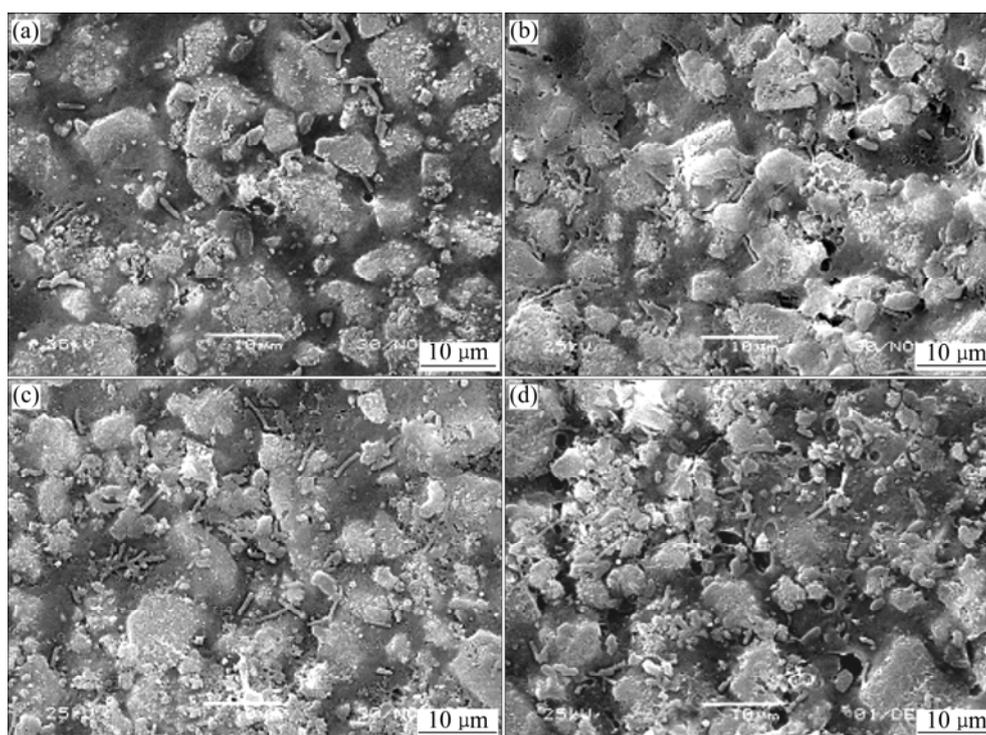
**Fig.5** XRD patterns of PLLA/bioactive glass before and after soaking in SBF

Fig.6 presents the gradual development of HA on the surface as a result of increasing days of immersion in SBF, i.e. after 3, 7, 10 and 14 d, as confirmed by XRD analyses.

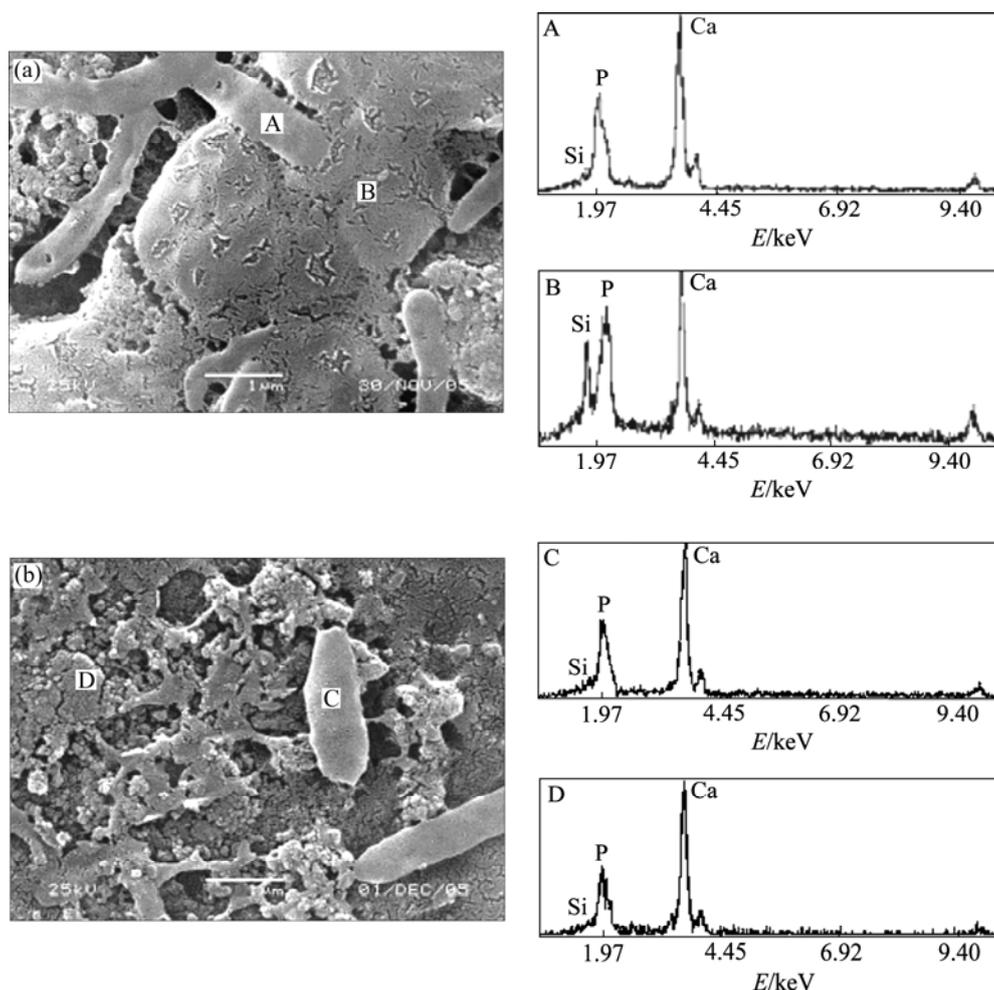
Fig.6 shows the morphology of the composite surfaces changes after 3 d immersion. Small rod-like hydroxyapatite crystals have deposited on the surface, which is different from the morphology of porous

polymer/bioactive glass[21–22]. The rod-like HA crystals, with priority growth, increase in quantity and lengthen with increasing the immersion time in SBF. As shown in Fig.7, the rod-like crystal grows from bioactive glass and then dendrite forms. The EDS of the crystal shows that it is composed of calcium, phosphor and little silicon after 7 d soaking in SBF (Fig.7(A)), which confirms the formation of HA. After 7 d soaking in SBF, the EDS analysis of bioactive glass surface can be detected a clear increase in calcium and phosphate compared with the silicon concentrations. Figs.7(C) and (D) indicate both rod-like crystals and HA layer are formed on the surface after 14 d immersion because the silicon concentration is little and the calculated Ca/P ratio is about 1.8, which is comparable to the Ca/P ratio of the human bone, as it ranges between 1.6 and 1.7 depending on the age of the person.

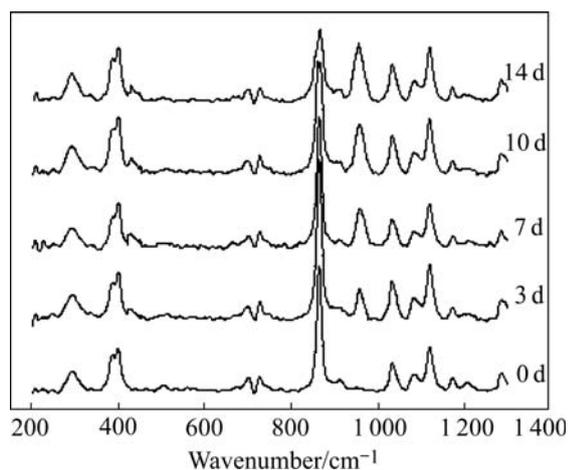
The formation of HA on the surface of the composite with increasing days of immersion in SBF is confirmed by the Raman spectroscopy (Fig.8). For comparison, the spectrum for a sample under the as-fabricated condition is also shown. The formation of the HA on the surface of PLLA/bioactive glass is indicated by the strong peak at  $960\text{ cm}^{-1}$ , which corresponds to the symmetric stretching vibration of P—O in  $\text{PO}_4^{3-}$  tetrahedral belonging to hydroxyapatite crystals. The peak at  $960\text{ cm}^{-1}$  increases with increasing immersion time in SBF, which indicates that the amount of HA formed on the sample increases with time. The  $875\text{ cm}^{-1}$  peak in the Raman spectrum, corresponding to



**Fig.6** SEM micrographs of composites after 3, 7, 10 and 14 d soaking in SBF



**Fig.7** High-magnification SEM images after 7, 14 d immersion and EDS of PLLA/bioactive glass after immersion



**Fig.8** Raman spectra of PLLA/bioactive glass before and after immersion

C—COO stretching in PLLA, decreases with increasing immersion time in SBF. Therefore the ratio between the heights of the peaks at different immersion time may be used to quantify the relative amount of HA formed during immersion in SBF.

It is well known that bioactive glass has a higher index of bioactivity than that of HA, which makes it a more suitable material for applications in bone reconstruction[23]. It has been shown, for example, that there is much more bone formed in one week in the presence of bioactive glass than that is formed when HA or other calcium phosphate ceramic particulates are placed in the same type of defect[24]. Moreover bioactive glass, being a class A bioactive material (as opposed to HA, which is class B), has shown strong bond also to soft tissues[25]. The application potential of the bioactive glass-containing composites fabricated here, therefore, could include both hard and soft tissue regeneration and repair.

The rapid release of calcium ions into the solution, as well as the pH increases during the first hours of the assay as a consequence of partial dissolution at the surface level, giving an idea of the high reactivity of these materials. These facts agree with the formation mechanisms of the apatite-type layer on bioactive glass [26]. A complex process for the formation of apatite layer, involving five reaction stages, has been proposed in early

stages and an interchange takes place between alkaline-earth ions from the substrate with  $\text{H}_3\text{O}^+$  from the solution. Such interchanges provoke an increase of the pH that favors the formation of apatite nuclei on the silanol groups on the glass surface. Loss of soluble silica in form of  $\text{Si}(\text{OH})_4$  to the solution results from breaking of  $\text{Si}-\text{O}-\text{Si}$  bonds and forms  $\text{Si}-\text{OH}$  at the glass solution interface. Then, there are condensation and repolymerization of an  $\text{SiO}_2$ -rich layer on the surface depleted in alkaline earth cations. Migration of  $\text{Ca}^{2+}$  and  $\text{PO}_4^{3-}$  groups to the surface through the  $\text{SiO}_2$ -rich layer takes place and forms a  $\text{CaO}-\text{P}_2\text{O}_5$ -rich film on top of the  $\text{SiO}_2$ -rich layer, followed by growth of the amorphous  $\text{CaO}-\text{P}_2\text{O}_5$ -rich film by incorporation of soluble calcium and phosphates from solution. Finally, crystallization of the amorphous  $\text{CaO}-\text{P}_2\text{O}_5$ -rich film takes place by incorporation of  $\text{OH}^-$  or  $\text{CO}_3^{2-}$  anions from solution to form a mixed hydroxyl, carbonate layer.

#### 4 Conclusions

1) Bioactive and bioresorbable PLLA/bioactive glass was developed based on PLLA and bioactive glass particles. Bioactive glass particles are distributed homogeneously in the composite, and the polymer has a microcrack structure due to the evaporation of  $\text{CH}_2\text{Cl}_2$ .

2) Rod-like HA crystals deposit on the surface of PLLA/bioactive glass composite after 3 d immersion. Both rod-like crystals and HA layer are formed on the surface after 14 d immersion.

3) The calculated Ca/P ratio of HA is about 1.8, which is comparable to the Ca/P ratio of the human bone. The composite containing bioactive glass is potential implant material for small bone fracture fixations.

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